

High-Conflict Communication & Parenting Protocols

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In high-conflict domestic litigation, the primary barrier to a functional parenting plan is rarely the "schedule" itself—it is the **breakdown of communication**. As a court-appointed Parent Facilitator, my role is to implement and monitor specialized protocols that shift the focus from parental disputes to the child's best interests.

The Three Pillars of Effective Facilitation

1. Structured Communication Platforms

To reduce hostility and ensure a clear record for the Court, all non-emergency communication is transitioned to specialized platforms (e.g., **OurFamilyWizard**, **TalkingParents**, or **AppClose**).

- **Documented Compliance:** Every exchange is time-stamped and preserved, providing the Court with an objective window into parental cooperation.
- **Reduction of Brand Noise:** Moving away from text and email eliminates the "constant intrusion" of conflict into daily life.

2. The B.I.F.F. Response Standard

I train and coach parents to utilize the **B.I.F.F.** method for all written exchanges. Communications must be:

- **Brief:** Stick to the necessary facts only.

- **Informative:** Provide the required information without opinions.
- **Friendly:** Maintain a neutral, business-like tone.
- **Firm:** Set clear boundaries and avoid back-and-forth "loops".

3. Child-Focused Decision Making

My protocols are designed to insulate children from the "adult" side of divorce.

- **Right of First Refusal:** Clear protocols for when a parent is unavailable for their scheduled time.
- **Exchange Neutrality:** Strict rules for transitions to ensure the child feels safe moving between homes without witnessing parental tension.
- **Medical/Educational Transparency:** Real-time sharing of information to ensure both parents remain fully informed regarding the child's well-being.

Why These Protocols are Necessary

For **Amicus Attorneys** and **Court Coordinators**, these protocols provide a measurable way to track progress. Instead of relying on conflicting testimonies, the Court has access to documented behavior coached and monitored by a neutral professional.

Professional Note: These services are provided under **Texas Family Code § 153.6061**. My role is non-confidential and I am prepared to provide objective, fact-based reporting to the Court as required.